



## ELEMENTARY MENU

POSTED 01/29/2010

# February 2010

**Keep your heart healthy by getting plenty of exercise!**

**You spoke, we listened.** Salad is now offered as a daily entree. Chicken Caesar Salad is offered Monday, Wednesday and Friday, while Chef Salad is offered Tuesday and Thursday.

**Meal Prices 2009 - 2010**  
 Student Breakfast \$1.00  
 Student Lunch \$2.10  
 Adult/Guest Breakfast \$1.35  
 Adult Guest Lunch \$2.85



Visit us online at  
[www.FriscoCafe.org](http://www.FriscoCafe.org)

**FRISCO Café**  
 by Frisco ISD Child Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Chicken Nuggets & Breadstick Beef Meatball Sandwich Vegetable Lo Mein Chicken Caesar Salad Mashed Potatoes Green Beans Chilled Pineapple Flowers Apple Crisp	<b>2</b> Riblet on Bun Pasta w/ Meatsauce & Roll Grilled Cheese w/ Chips Chef Salad California Mixed Veggies Scalloped Potatoes Chilled Peaches Baked Brownie	<b>3</b> Cheeseburger Crispy Chicken Sandwich Cheese Calzone Chicken Caesar Salad Baked Ore Ida Smiles Lettuce/Tomato/Pickle Cup Rice Crispy Treat Fresh Fruit	<b>4</b> Chicken Drumsticks & Roll Cheese Nachos Bean Burrito w/ Queso Chef Salad Refried Beans Spanish Rice Chilled Fruit Salad Freshly Baked Cookie	<b>5</b> <b>Papa John's Pizza:</b> Pepperoni or Cheese Fish Nuggets w/ Cornbread Chicken Caesar Salad Sweet Yellow Corn Sliced Cucumbers Fruit Cake topped w/ Fruit
<b>8</b> Steak Fingers & Breadstick Popcorn Chicken & Breadstick Pasta w/ Marinara & Breadstick Chicken Caesar Salad Mashed Potatoes Green Beans Chilled Mandarin Orange Pudding	<b>9</b> Biscuit w/ Sausage French Toast w/ Eggs Waffles w/ Eggs Chef Salad Baked Hashbrown Yogurt Fresh Orange Smile Slices Apple Juice	<b>10</b> Cheeseburger Hot Dog Baked Potato w/ House Salad Chicken Caesar Salad French Fries Lettuce/Tomato/Pickle Cup Fresh Fruit Peach Crisp	<b>11</b> Taco Salad Beef Tamales w/ Chili Mozzarella Sticks Chef Salad Spanish Rice Charro Beans Fresh Fruit Sopapilla	<b>12</b> <b>Papa John's Pizza:</b> Pepperoni or Cheese Shrimp Poppers w/ Hushpuppies Chicken Caesar Salad Sweet Yellow Corn Fresh Garden Salad Fruit Sherbet
<b>15</b> Steak Fingers w/ Breadstick Chicken Tenders w/ Breadstick Yogurt Trio Chicken Caesar Salad Mashed Potatoes California Mixed Veggies Chilled Pineapple Flowers Freshly Baked Cookie	<b>16</b> Chicken Fryz w/ Roll Grilled Chicken Sandwich Cheese Calzone Chef Salad Scalloped Potatoes Spinach Chilled Fruit Rice Crispy Treat	<b>17</b> Cheeseburger Orange Chicken w/ Rice Pasta w/ Alfredo Sauce & Roll Chicken Caesar Salad Baked Tator Tots Broccoli & Cheese Lettuce/Tomato/Pickle Cup Fruit Pop	<b>18</b> Chicken Enchiladas Beef Ravioli w/ Roll Cheese Nachos Chef Salad Refried Beans Spanish Rice Fresh Orange Smile Slices Baked Churro	<b>19</b> <b>Papa John's Pizza:</b> Pepperoni or Cheese Fish Nuggets w/ Cornbread Chicken Caesar Salad Sweet Yellow Corn Carrot Sticks Fruit Jell-o Parfait
<b>22</b> Steak Fingers w/ Breadstick Chicken Nuggets w/ Breadstick Grilled Cheese w/ Tomato Soup Mashed Potatoes Green Beans Fresh Mixed Fruit Pudding	<b>23</b> Pancake w/ Sausage French Toast w/ Eggs Waffles w/ Eggs Baked Hashbrown Yogurt Fresh Orange Smile Slices Apple Juice	<b>24</b> Cheeseburger Mini Corndogs Tony's Stuffed Sticks Baked Sweet Potato Fries Lettuce/Tomato/Pickle Cup Fresh Fruit Sherbet	<b>25</b> Soft Tacos Pasta w/ Meatsauce & Roll Bean Burrito w/ Queso Charro Beans Spanish Rice Lettuce/Tomato/Cheese Cup Sopapilla	<b>26</b> <b>Papa John's Pizza:</b> Pepperoni or Cheese Shrimp Poppers w/ Hushpuppies Sweet Yellow Corn Cucumber Salad Fruit Fresh Baked Cookie

**Bad Weather Closing?** If school is closed due to bad weather, the menu from the closed day will be served on the day that we return to school. However, due to popular demand, pizza will always be served Friday even if school is closed on Thursday.

**Breakfast Menu** Offered Daily at Breakfast: Cereal, Yogurt, Fruit, Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pancake Wrap Sausage	French Toast Sticks	Stuffed Hashbrown	Biscuit & Chicken with Egg	Pancake &